**NOTICE TO CEASE AND DESIST**

[SENDER NAME]

[SENDER STREET ADDRESS]

[SENDER CITY, STATE, & ZIP]

Date: [DATE]

**Re: Harassment**

Dear [RECIPIENT NAME],

This letter has been served as a notice of your unwarranted and ongoing harassment activities. I demand that you cease and desist all harassment activities, including but not limited to:

[LIST ACTS OF HARASSMENT].

**If you do not cease all related acts, a harassment lawsuit will be commenced against you.**

The previously conducted actions are unwanted, unwelcome, and have become unbearable. This cease and desist shall serve as a pre-suit letter demanding that you provide us written assurance within [#] days that you will refrain from further actions that could be deemed as harassment.

If you do not comply with this cease and desist letter within the aforementioned time period, a lawsuit will be filed in the proper jurisdiction seeking monetary damages as well as pursuing all available legal remedies for your harassment.

Sincerely,

[\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_](https://esign.com/)

[SIGNING PARTY NAME (AND TITLE, IF APPLICABLE)]